










GOLDEN MIND ACHIEVERS INTERNATIONAL SCHOOL
KINDERGARTEN – JULY 2023-2024
 MONTHLY CALENDAR

THEME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>WEEK 1</p> <p>GLOBAL GAMES OBJECTIVES:</p> <p>At the end of the lesson the students will be able to develop the following:</p> <ul style="list-style-type: none"> ✓ Identify and experience difference example of Global Games ✓ Develop sense 	<p>30</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY:</p> <p>RED LIGHT, GREEN LIGHT</p>  <p>WHAT YOU NEED:</p> <p>A group of 3 or more players</p>	<p>1</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY:</p> <p>SACK RACE</p>  <p>WHAT YOU NEED:</p> <p>Burlap sacks or large</p>	<p>2</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY:</p> <p>TUG OF WAR (CHINA)</p>  <p>WHAT YOU NEED:</p> <p>A strong rope (about 10–15 meters long, depending on</p>	<p>3</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY:</p> <p>KADANG-KADANG (PHILIPPINES)</p>  <p>WHAT YOU NEED:</p> <p>2 sturdy tin cans (same size,</p>	<p>4</p> <p>HOLIDAY (NO SCHOOL)</p> <p>USA INDEPENDENCE DAY</p>

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<p>of sportsmanship and collaboration among peers.</p> <p>✓ Identify and explain the basic rules and objectives of selected world games.</p>	<p>An open space (like school ground)</p> <p>One player to be the "Traffic Light" (or "It")</p> <p>HOW TO PLAY:</p> <p>Choose one player to be the "Traffic Light."</p> <p>That player stands at one end of the play area.</p> <p>All the other players (the runners) line up at the opposite end.</p> <p>When the Traffic Light says "Green Light," the players move (run, walk, or tiptoe) toward them.</p> <p>When the Traffic Light says "Red Light," the players must</p>	<p>pillowcases (1 per player)</p> <p>A marked start and finish line</p> <p>Space to run (preferably school ground)</p> <p>Optional: cones or flags for lanes</p> <p>HOW TO PLAY:</p> <p>Line all players up at the starting line, each standing inside a sack.</p> <p>Make sure everyone holds the sack up to their waist with both hands.</p> <p>Mark a clear finish line about 10–20 meters away (adjust distance based on age group).</p> <p>On "Ready, Set, Go!" all players</p>	<p>group size)</p> <p>Markers (like cones, chalk, or tape)</p> <p>A center line and two side boundary lines (1.5–2 meters from center) Gloves (optional, for grip and hand protection)</p> <p>HOW TO PLAY:</p> <ol style="list-style-type: none"> 1. On the referee's signal (like "Ready, Set, Pull!"), both teams start pulling the rope. 2. The goal is to pull the center mark on the rope past your team's boundary line. 3. The team that pulls the rope the farthest or crosses the boundary line first wins. 	<p>no sharp edges)</p> <p>2 long ropes or strings (about shoulder height when standing on the cans) patio)</p> <p>HOW TO PLAY:</p> <p>Stand with one foot on each can.</p> <p>Hold the ropes tightly and pull upward to help lift each can as you walk.</p> <p>Try to walk forward while balancing — the goal is not to fall!</p> <p>First player to reach the finish line (if racing) wins.</p>	
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	<p>stop immediately.</p> <p>If any player moves during "Red Light," they must go back to the starting line.</p> <p>The first player to tag the Traffic Light becomes the new Traffic Light for the next round.</p>	<p>begin hopping toward the finish line while staying inside their sacks.</p> <p>Players must not run or walk — only hopping is allowed!</p> <p>The first player to cross the finish line while staying in their sack wins.</p>	<p>Safety Rules:</p> <p>Always wear closed shoes with a good grip.</p> <p>Keep both hands on the rope at all times.</p> <p>Don't wrap the rope around arms, legs, or neck.</p> <p>Play on a flat, soft surface like grass or sand if possible.</p>		
<p>WEEK 2</p> <p>COUNTRY OF THE WEEK (JAPAN)</p> <p>OBJECTIVES:</p> <p>At the end of the lesson the students will be</p>	<p>7</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY:</p> <p>TANABATA FESTIVAL</p> <p>STAR BOOKMARK CRAFT</p> 	<p>8</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY:</p> <p>ORIGAMI- PAPER FAN</p> 	<p>9</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY:</p> <p>DIY CHERRY BLOSSOM TREE</p> 	<p>10</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY:</p> <p>DIY JAPANESE LANTERN</p> 	<p>11</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY:</p> <p>SUSHI ROLL CRAFT</p> 

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<p>able to develop the following:</p> <ul style="list-style-type: none"> ✓ Recognize key elements of Japanese culture and traditional arts. ✓ Create simple Japanese-inspired art or crafts (e.g., origami, lanterns, fans). ✓ Appreciate the uniqueness and influence of Japanese cultural practices. 	<p>MATERIALS NEEDED:</p> <p>Colored paper (origami paper works well!)</p> <p>Scissors</p> <p>Glue stick or tape</p> <p>Ribbon or string (optional)</p> <p>Markers or pens</p> <p>Star stickers or cut-out stars</p> <p>Hole puncher (optional)</p> <p>Ruler (optional)</p> <p>METHODS/ PROCEDURES:</p>	<p>MATERIALS NEEDED:</p> <p>Colored or patterned paper (A4 or square)</p> <p>Scissors</p> <p>Glue or double-sided tape</p> <p>Thread or embroidery floss (for tassel)</p> <p>Small rubber bands or thread for tying</p> <p>Optional: beads for decoration</p> <p>METHODS/ PROCEDURES:</p> <p>1. Prepare the Paper</p>	<p>MATERIALS NEEDED:</p> <p>Colored Paper</p> <p>Scissors</p> <p>Glue</p> <p>Crepe Paper (pink and white)</p> <p>METHODS/ PROCEDURES:</p> <p>Make Cherry Blossom using white and pink crepe/ Japanese paper. And Brown for the branches.</p> <p>Use white paper to make sa DIY tube then paste the flowers and branches that</p>	<p>MATERIALS NEEDED:</p> <p>Red construction paper or cardstock</p> <p>Yellow construction paper</p> <p>Scissors</p> <p>Glue or double-sided tape</p> <p>Ruler</p> <p>Pencil</p> <p>String or ribbon (for hanging)</p> <p>METHODS/ PROCEDURES:</p> <p>1. Prepare the Red Paper</p>	<p>MATERIALS NEEDED:</p> <p>Black construction paper (for seaweed)</p> <p>White cotton balls (for rice)</p> <p>Colored paper: orange, green, red, yellow (for fillings and details)</p> <p>Brown paper (for chopsticks/knife)</p> <p>Red and patterned paper (for background and accessories)</p>
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<p>✓ Participate in hands-on activities that reflect traditional and modern Japanese customs.</p>	<p>Cut Bookmark Base</p> <p>1. Choose a rectangular piece of colored paper (about 5cm x 15cm).</p> <p>2. You can use patterned paper or decorate it with washi tape.</p> <p>Add Stars</p> <p>1. Cut small stars from yellow or gold paper.You can use a star-shaped punch or trace and cut them by hand.</p> <p>2. Glue the stars onto the bookmark — scatter them like a night sky!</p> <p>Add a Wish or Poem</p> <p>1. Using a pen or marker, write</p>	<p>Use one rectangular sheet of colored paper (approx. 15–20 cm wide x 10–15 cm tall).</p> <p>You can also use origami paper or gift wrap.</p> <p>2. Accordion Fold</p> <p>Fold the paper accordion-style (like a fan), about 1 cm per fold.</p> <p>Ensure the folds are crisp for a neat finish.</p> <p>3. Fold in Half</p> <p>Once fully folded, fold the accordion in half to form a fan shape.</p> <p>Crease it in the middle.</p> <p>4. Tie the Base</p> <p>Use a small rubber band,</p>	<p>you made.</p>	<p>Strips</p> <p>Cut multiple strips of red paper, each about 1 cm wide and 20 cm long.You'll need around 20–30 strips to form the round shape.</p> <p>2. Make the Top and Bottom Rings</p> <p>Cut 2 yellow strips, about 2.5 cm wide and long enough to form a ring (roughly 20 cm).</p> <p>Glue or tape each strip into a circle — these will be the top and bottom borders.</p> <p>3. Assemble the Lantern Body</p> <p>Glue one end of each red strip inside the top yellow</p>	<p>Glue stick or white glue</p> <p>Scissors</p> <p>Cardstock or sturdy paper (for mounting)</p> <p>METHODS/ PROCEDURES:</p> <p>1. Create the Sushi Rolls</p> <p>Cut the Seaweed (Nori):</p> <p>Cut strips of black construction paper (about 1 inch x 4 inches).</p> <p>Curl them into short cylinders (like a napkin ring) and glue the ends.</p> <p>Make the Rice:</p> <p>Stuff each black paper ring with a cotton ball to</p>
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	<p>a Tanabata wish or short poem in the center or on the back.</p> <p>Example: "I wish for happiness and health!" or "Dreams come true under the stars."</p> <p>Decorate More (Optional)</p> <p>Add glitter, stickers, or small drawings like bamboo leaves or Milky Way patterns. • You can also glue a strip of contrasting paper along the edge for a border.</p> <p>Add a Ribbon (Optional)</p> <p>1. Punch a hole at the top. 2. Thread a piece of ribbon or string through and tie a knot — this makes it look like a tanzaku (wish tag) and easy to</p>	<p>thread, or twist tie to bind the folded middle tightly.</p> <p>Fan out both sides to create the semi-circle.</p> <p>5. Glue the Outer Folds</p> <p>Apply a small amount of glue on the outermost edges of each side of the fan to hold the half-circle shape in place.</p> <p>6. Create a Tassel</p> <p>Take embroidery thread or yarn and wrap it around your fingers or cardboard 20–30 times.</p> <p>Tie the top, cut the bottom loops, and wrap a small thread near the top to shape the tassel.</p>		<p>ring, spacing them evenly.</p> <p>Then, glue the other end of each red strip inside the bottom yellow ring, forming a balloon shape.</p> <p>4. Add the Handle</p> <p>Cut a strip of red and yellow paper, layer them together for color contrast, and glue it to form a handle.</p> <p>Attach it across the top ring.</p> <p>5. Create the Tassel</p> <p>Take another red strip (about 15–20 cm long), fold it in half, and cut thin slits from the open end towards the fold, leaving space at the fold uncut.</p>	<p>simulate sticky rice.</p> <p>Add Fillings:</p> <p>Cut tiny squares/strips from green, orange, and red paper.</p> <p>Glue one or two pieces on top of the cotton inside each sushi roll to look like vegetable or fish fillings (like cucumber, carrot, tuna).</p> <p>2. Make Tamago (Egg Sushi)</p> <p>Base:</p> <p>Use a cotton ball or small rectangle of paper for the rice.</p>
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	<p>use as a bookmark!</p> <p>Tip: You can also create bookmark sets as a class project — each student makes one with their personal wish, then hang them</p>	<p>7. Attach the Tassel</p> <p>Use a needle or thread to attach the tassel to the center bottom of the fan (where you tied the folds).</p> <p>You can also glue it if preferred.</p> <p>8. Decorate (Optional)</p> <p>Add beads, glitter, or stickers to personalize your fan.</p>		<p>Roll this slit strip tightly and secure it with glue to form a tassel.</p> <p>Wrap a small yellow strip around the top of the tassel for decoration.</p> <p>Attach the tassel to the bottom of the lantern using a thin string or directly with glue.</p> <p>6. Final Touches</p> <p>Adjust the spacing of the red strips if needed.</p> <p>Let the glue dry completely before hanging.</p>	<p>Egg Topping:</p> <p>Cut a yellow paper strip and glue it on top of the cotton.</p> <p>Wrap:</p> <p>Add a black strip (nori) across the top like a belt.</p> <p>3. Craft Chopsticks or Knife</p> <p>Knife:</p> <p>Cut out a long brown strip for the blade, and a small red rectangle for the handle.</p> <p>Decorate with a small piece of green paper to represent a design or</p>
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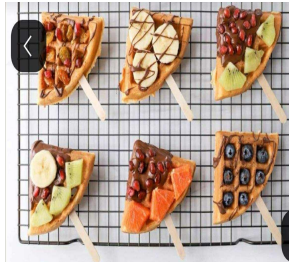
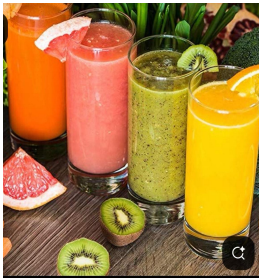
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					<p>grip.</p> <p>Chopsticks (Optional Alternative):</p> <p>Cut two brown paper strips, taper the ends if desired, and glue them in a "V" shape.</p> <p>4. Mount and Assemble</p> <p>Background:</p> <p>Choose a piece of patterned or colored paper (like floral or green) and glue it onto a larger black cardstock base.</p> <p>Arrange:</p> <p>Glue the sushi rolls, tamago, and utensils</p>
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					<p>onto the background.</p> <p>Press gently to ensure everything sticks well.</p>
<p>WEEK 3</p> <p>CUISINE AROUND THE WORLD</p> <p>OBJECTIVES:</p> <p>At the end of the lesson students will be able to develop the following:</p> <p>✓ Identify and name different food items, utensils, and tools used in food preparation.</p>	<p>14</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY: PIZZA BREAD DESSERT</p>  <p>INGREDIENTS:</p>	<p>15</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p>  <p>ACTIVITY: FRUIT CONES</p>	<p>16</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY: BANANA ROLL</p>  <p>INGREDIENTS:</p> <p>Sliced bread (white or whole</p>	<p>17</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY: WAFFLE POPS</p>  <p>INGREDIENTS:</p>	<p>18</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY: FRUIT SMOOTHIE</p>  <p>INGREDIENTS:</p> <p>1 ripe banana (sliced)</p>






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<p>✓ Improve listening and following directions as they complete step-by-step tasks during food preparation.</p> <p>✓ Enhance fine motor skills through tasks such as cutting, peeling, spreading, and pouring.</p>	<p>For the Base:</p> <p>Sliced bread (white or whole wheat)</p> <p>For the Spread:</p> <p>Chocolate spread or Peanut butter</p> <p>For the Toppings (Fruits):</p> <p>Banana (sliced), Grapes (halved), Apple (thinly sliced), Kiwi (sliced), Mango (small cubes), Strawberries (sliced), Blueberries</p> <p><i>Use any available fresh fruit—colorful and soft fruits work best depending on the design.</i></p>	<p>INGREDIENTS:</p> <p>For the Base:</p> <p>Ice cream cones (plain sugar or waffle cones)</p> <p>For the Filling:</p> <p>Assorted bite-sized fruits like:</p> <p>Banana slices, Grapes (cut in half), Strawberries (diced), Apple cubes (with lemon juice to prevent browning), Blueberries, Kiwi chunks, Pineapple bits</p> <p>For the Topping:</p> <p>Chocolate syrup or melted chocolate</p> <p>Rainbow sprinkles or chocolate</p>	<p>wheat, crusts removed)</p> <p>Ripe bananas (1 banana per 2 rolls)</p> <p>Chocolate spread or peanut butter</p>	<p>Mini waffles (store-bought or freshly made) <i>(You can also use regular waffles and cut them into quarters.)</i></p> <p>Popsicle sticks or skewers (blunt ends for safety)</p> <p>Chocolate spread, peanut butter, or fruit jam</p> <p>Assorted toppings:</p> <p>Sliced bananas, Strawberries, Marshmallows, Sprinkles, Crushed cereal, Mini chocolate chips</p>	<p>½ cup strawberries (fresh or frozen)</p> <p>½ cup mango or pineapple chunks</p> <p>1 cup milk (or yogurt, or a non-dairy milk like almond or soy)</p> <p>1 tsp honey or maple syrup (optional)</p> <p>A few ice cubes (optional, for a colder smoothie)</p> <p><i>(You can substitute or add fruits like blueberries, kiwi, melon, or apple slices depending on what's available)</i></p>
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		bits Mini marshmallows (optional)			
WEEK 4 WORLD MUSIC DANCE PARTY OBJECTIVES: at the end of the lesson students will be able to: ✓ identify basic cultural elements (such as traditional music, dance styles, and instruments) from different countries. ✓ develop	21 CIRCLE TIME/GRACE AND COURTESY/GMRC ACTIVITY: AFRICA – BEAT OF THE DRUM Lesson Focus: Introduction to African culture and rhythm Dance Practice: <i>Gumboot Dance</i> (South Africa-inspired simple stomp routines) Music Sample: Traditional drumming or Afrobeat (e.g., Fela Kuti) Additional Activity: Make DIY hand drums or shakers	22 CIRCLE TIME/GRACE AND COURTESY/GMRC ACTIVITY: LATIN AMERICA – FIESTA TIME! Lesson Focus: Latin American music and festive traditions Dance Practice: <i>Samba</i> or <i>Cha-Cha</i> inspired moves (simple foot patterns and hip movements) Music Sample: Upbeat Salsa/Samba (e.g., Celia Cruz) Additional Activity: Create paper maracas	23 CIRCLE TIME/GRACE AND COURTESY/GMRC ACTIVITY: ASIA – GRACE IN MOTION Lesson Focus: Traditional Asian dances and music styles Dance Practice: <i>Fan</i> or <i>Ribbon Dance</i> (China) Music Sample: Traditional Chinese music with strong rhythms Additional Activity: Decorate paper fans or ribbons	24 CIRCLE TIME/GRACE AND COURTESY/GMRC ACTIVITY: EUROPE – CLASSICAL MEETS POP Lesson Focus: Evolution of European dance from classical to modern Dance Practice: <i>Waltz-inspired circle dance</i> or <i>Zumba moves</i> (influenced by modern Euro pop) Music Sample: Classical (Mozart) + upbeat Euro-pop Additional Activity: Make a crown or fancy hat	25 CIRCLE TIME/GRACE AND COURTESY/GMRC ACTIVITY: CULMINATING ACTIVITY World Dance Party Performance & Cultural Fashion Parade! Kids wear costumes or accessories from a country they danced to. Perform group dances learned throughout the week.

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<p>appreciation and respect for cultural diversity through exposure to music and dances from around the world.</p>	<p>Body percussion (clapping, stomping) game</p> <p>Skill: Rhythm recognition and coordination</p>	<p>Color flags of Latin countries</p> <p>Skill: Following steps, counting beats</p>	<p>Learn simple greetings in different Asian languages</p> <p>Skill: Graceful movement, spatial awareness</p>	<p>for "ballroom" dance</p> <p>Freeze Dance with classical music</p> <p>Skill: Controlled movement, balance</p>	
<p>WEEK 5</p> <p>ARTS AND CRAFTS AROUND THE WORLD</p> <p>OBJECTIVES: at the end of the lesson students will be able to:</p> <p>✓ Identify different traditional arts and crafts</p>	<p>28</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY: PAPER MOSAIC SAILBOAT (ITALY)</p> 	<p>29</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY: DIY HAND PUPPET (CHINA)</p> 	<p>30</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY: FRIENDSHIP BRACELET (BEADWORK- AFRICA)</p> 	<p>31</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY: BANIG/ BASKET WEAVING (PHILIPPINES)</p> 	<p>1</p> <p>CIRCLE TIME/GRACE AND COURTESY/GMRC</p> <p>ACTIVITY: TIE DYE ART (BANDHANI-INDIA)</p> 

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<p>from various cultures around the world (e.g., Paper Mosaic, Puppetry, Beadworks, Weaving and Tie Dye Arts)</p> <p>✓ Demonstrate a craft technique from a specific culture by creating a simple hands-on art project.</p> <p>✓ Develop</p>	<p>MATERIALS NEEDED:</p> <p>Colored papers (blue, red, white, or any colors you prefer)</p> <p>Scissors</p> <p>Glue stick or white glue</p> <p>Pencil</p> <p>Base paper or cardboard (for sticking the pieces)</p> <p>Optional: template/drawing of a sailboat</p>	<p>MATERIALS NEEDED:</p> <p>A sheet of paper (A4 or letter size works well)</p> <p>Scissors</p> <p>Glue or tape</p> <p>Markers, crayons, or colored pencils</p> <p>Optional: Googly eyes, yarn (for hair), stickers, etc.</p>	<p>MATERIALS NEEDED:</p> <p>Elastic cord or stretch string (6–8 inches per bracelet)</p> <p>Letter beads (for words like "LOVE", "HAPPY", etc.)</p> <p>Colorful seed beads or pony beads</p> <p>Scissors</p> <p>Glue (optional, to secure knots)</p> <p>Bead stopper or tape (to keep beads from sliding off while working)</p>	<p>MATERIALS NEEDED:</p> <p>White and yellow construction paper (or any color combo)</p> <p>Colored paper for flowers and bow (pink, purple, etc.)</p> <p>Glue or double-sided tape</p> <p>Scissors</p> <p>Pencil/ruler</p> <p>Stapler (optional)</p>	<p>MATERIALS NEEDED:</p> <p>Plain white cotton t-shirt</p> <p>Tie-dye kit or fabric dyes (various colors)</p> <p>Rubber bands</p> <p>Plastic squeeze bottles (if not included)</p> <p>Gloves</p> <p>Plastic table cover or garbage bags (for protecting surfaces)</p> <p>Plastic bag or wrap (for setting dye)</p> <p>Apron or old clothes</p>
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respect and appreciation for cultural diversity through artistic exploration.					<p>Use squeeze bottles to apply different colors to sections.</p> <p>Make sure to soak both sides.</p> <p>Don't mix complementary colors (like green + red = brown mess!).</p> <p>4. Let the Dye Set</p> <p>Carefully place the dyed shirt in a plastic bag.</p> <p>Let it sit for 6–8 hours (or overnight) to set the dye.</p>
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					<p>5. Rinse and Wash</p> <p>Rinse shirt under cold water until water runs clear.</p> <p>Remove rubber bands.</p> <p>Wash separately in cold water with mild detergent.</p> <p>Dry normally or air dry.</p>
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