

## GOLDEN MIND ACHIEVERS SCHOOL – LUNCH MENU SEPTEMBER 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>
<b>NO SCHOOL LABOR DAY</b>	Chicken Katsu/ Steamed Rice / Soup/Fruits	Pork Nilaga / Steamed Rice / Fruits	Chicken Tinola/Steamed rice/fruits	Pork adobo / Steamed Rice / Fruits
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>
Filipino Style spaghetti/sliced bread	Pork Menudo/ Steamed Rice / Fruits	Beef Stew / Steamed Rice / banana	Chicken Curry / Steamed Rice / Fruits	Chicken Nuggets / Steamed Rice / Soup
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>
Macaroni and Cheese/sliced bread	Ground Pork w/ Carrots and Potato / Steamed Rice / Fruits	Chicken adobo / Steamed Rice / Fruits	Chicken Afritada / Steamed Rice / Fruits	Pork Katsu Steamed Rice / Soup/Fruits
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>
Spaghetti and Meatballs / Slice Bread	Beef Nilaga / Steamed Rice/Fruits	Fried Chicken / Steamed Rice / Soup	Pork Curry / Steamed Rice / Fruits	Burger Steak / Steamed Rice / Fruits
<b>29</b>	<b>30</b>			
Yakisoba / Sliced Bread	Shredded Carrots with Spam / Steamed Rice/Fruits			