

GOLDEN MIND ACHIEVERS SCHOOL – LUNCH MENU MARCH 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
Chicken Macaroni Soup / bread	Pork Adobo / Steam Rice / Fruits	Saute' Shredded Carrots with SPAM / Steamed Rice / Fruits	Pork Stew "Menudo" / Steamed Rice / Fruits	Beef Soup (Nilaga) / Steamed Rice / fruits
9	10	11	12	13
Yakisoba / Bread	Chicken Adobo / Steamed Rice / Fruits	Chicken afritada / Steamed Rice / fruits	Pork Katsu / Steamed Rice /mixed veggies tempura / Soup	Pork Curry / Steam Rice / Fruits
16	17	18	19	20
Spaghetti with meatballs / Bread /	Ground Pork with Carrots and Potato / Steam Rice / Fruits	Burger Steak w/ Mushroom / Steamed Rice / Fruits	Chicken Soup with Spinach (tinola) / Steamed Rice / Fruits	Chicken nuggets / squash tempura/Steamed Rice / Fruits
23	24	25	26	27
Mac and Cheese w/ Ground Beef / Sliced Bread /	Pork Soup w/ Veggies "Nilaga" / Steamed Rice	Chicken katsu / Steamed Rice /fruits	Fish fillet / Steamed Rice / Corn Soup / fruits	Chicken Curry/ Steamed Rice / Fruits
30	31	30	31	
Filipino style Spaghetti / Bread /	Beef with Broccoli / Steamed Rice / Fruits			